



Commonwealth Home Support Programme

The Restorative Approach (incorporating Wellness and Reablement)

The Restorative Approach was introduced as an important concept underpinning the new programme in the Discussion Paper, *Key Directions for the Commonwealth Home Support Programme*. Through the submission process a number of providers told us about how they are already using these concepts in their models of care. This demonstrates the breadth of experience and resources already out in the sector. We also learnt that we need to be specific with what we mean by wellness, as well as the terms reablement and restorative care in the context of the CHSP.

What are the changes?

A key element in the Commonwealth Home Support Programme (CHSP) is the focus on wellness, reablement and restorative care approaches in working with older people and their carers, during assessment, planning and delivery of supports. It means building on older people's strengths, capacity and goals to help them remain independent in their daily living tasks and to live safely at home.

It is a transition from a model that may have fostered dependence to one that actively promotes independence. This is a culture shift from 'doing for' clients to 'doing with'.

For some providers, this represents a significant change from the way entry level services have previously been delivered.

Resources to support providers in the transition to these changes

We recognise the need for good resources to support service providers in the transition to the 'doing with' service delivery model. That is why we have developed a *Good Practice Guide for a Restorative Approach (incorporating Wellness and Reablement)*. 'The Good Practice Guide' for service providers to implement the approach.

The Good Practice Guide not only uses practical examples of how to implement the new changes at an organisational level, it is a robust evidence based resource that supports providers to put the new approach into practical reality in their day to day work with clients. The Good Practice Guide aims to support service providers deliver a model of care that builds the wellbeing, independence and capacity of the client using the wellness, reablement and restorative care approaches.

We are seeking your feedback.

We are seeking your feedback on the implementation of the new approach within the CHSP. The Good Practice Guide and feedback timeframes will be [available on our website](#) at www.dss.gov.au/chsp.